

DERBYSHIRE AMATEUR SWIMMING ASSOCIATION

(Affiliated to the ASA East Midland Region)

County 100m Open Championships and 50m Sprint Competition 2008

(Under ASA Laws & ASA Technical Rules of Swimming) Level 2 License 2EM8485

PONDS FORGE POOL, SHEFFIELD on 23rd November 2008

Warm Up – 8.30 am - Start Time – 9.30 am

101	Ladies Open Heats	100m Freestyle	117	Ladies Open Final	100m Freestyle
102	Mens Open Heats	100m Freestyle	118	Mens Open Final	100m Freestyle
103	Girls 9,10,11,12 yrs.	50m Backstroke	119	Girls 9,10,11,12 yrs.	50m Freestyle
104	Boys 9,10,11,12 yrs.	50m Breaststroke	120	Boys 9,10,11,12 yrs.	50m Butterfly
105	Girls 13,14,15,16,17 & over	50m Butterfly	121	Girls 13,14,15,16,17 & Over	50m Breaststroke
106	Boys 13,14,15,16,17 & over	50m Butterfly	122	Boys 13,14,15,16,17 & Over	50m Breaststroke
107	Ladies Open Heats	100m Backstroke	123	Ladies Open Final	100m Backstroke
108	Mens Open Heats	100m Backstroke	124	Mens Open Final	100m Backstroke
109	Girls 9,10,11,12 yrs.	50m Breaststroke	125	Girls 9,10,11,12 yrs.	50m Butterfly
110	Boys 9,10,11,12 yrs.	50m Freestyle	126	Boys 9,10,11,12 yrs.	50m Backstroke
111	Ladies Open Heats	100m Breaststroke	127	Ladies Open Final	100m Breaststroke
112	Mens Open Heats	100m Breaststroke	128	Mens Open Final	100m Breaststroke
113	Girls 13,14,15,16,17 & over	50m Freestyle	129	Girls 13,14,15,16,17 & Over	50m Backstroke
114	Boys 13,14,15,16,17 & over	50m Backstroke	130	Boys 13,14,15,16,17 & Over	50m Freestyle
115	Ladies Open Heats	100m Butterfly	131	Ladies Open Final	100m Butterfly
116	Mens Open Heats	100m Butterfly	132	Mens Open Final	100m Butterfly

POOL LENGTH 50m – Closing date for entries 17th October 2008

50m Events are Heat Declared Events. 100m events have heats and 10 lane finals.

Awards for first 6 in each single year age group and 17/overs - Ages are as at 23rd November 2008.

FEES

All events £3.50 per event. Coach passes £4.00 in advance - £6.00 on the day. Spectators £4.00.

ENTRIES

These should be submitted as early as possible electronically, backed up with the correct 2008 entry form. Completed forms should be sent to Mrs. J. Mellor, 20, Atlow Road, Chaddesden, Derby DE21 6JG. with the correct entry fee.

The promoter reserves the right to limit entries in any event where necessary.

Details of accepted entries will be returned in bulk to Club Secretaries together with refunds for rejected entries. Additional entry forms can be obtained from Mrs. J. Mellor (01332 677709) or photocopies will be acceptable.

ELIGIBILITY

All entrants must be eligible competitors as defined by ASA Law and must be registered with the ASA as members of the club they represent. That club must be directly affiliated to Derbyshire ASA and entrants may only compete in the name of that club. A club representative must sign the declaration confirming the accuracy of the entries

WARM-UPS

Warm-up details will be sent to the competing clubs together with details of the swimmer's event, heat and lane allocation. The diving pit will be available for warm up and swim down while events are in progress but not during the warm up period.

COMPETITOR REPORTING

The will be no secondary entry and competitors cards will not be issued for any events. Competitors will be seeded before the date of competition and in the event of a competitor not arriving the heat will be swum with an empty lane. Competitors should report to the stewards two events before they are due to swim. Competitors for the 100m events who wish to withdraw must advise the recorders by 9.00am. This may be done by telephoning 07929 377809 and leaving a message or visiting the Omega Suite.

The competition will consist of **TWO** sessions, with a 45 minute break after event 116. Presentations will be made during the Gala. This competition is licensed by the ASA for entry into Regional and National Championships (Level 2 License 2EM8485). 25 metre qualifying times for the 100m Championship events are shown below. These times must have been achieved in 2008.

Event	Freestyle	Backstroke	Breaststroke	Butterfly
Men's Open 100m	1,01.00	1,13.00	1,20.00	1,10.00
Ladies' Open 100m	1,08.00	1,20.00	1,29.00	1,19.00